

TMJ HEALTH QUESTIONNAIRE

CHIEF COMPLAINT _____

HISTORY OF CHIEF COMPLAINT SINCE ONSET _____

DATE OF SET _____

PAIN SYMPTOMS

Do you get "tension headaches?" Y N

Do you ever get "migraine headaches"? Y N

Do you feel you need treatment for this problem? Y N

Do you frequently have neckaches or stiff neck muscles? Y N

Do you have trouble sleeping soundly? Y N

Have your teeth been sore upon awakening? Y N

Does your jaw ache when you chew? Y N

Do you have ear pain? Y N

Do your jaws ache when you open wide? Y N

Have you ever had chronic shoulder or back pain? Y N

What medication, if any are you taking? _____

Do you get headaches in the back of you head? Y N

Do you grind your teeth when asleep? Y N

Are your jaws tired when you awoken from sleep? Y N

Are your symptoms worse

a) Upon rising in the morning?

b) At work (school)?

c) At home?

TRAUMA OR ACCIDENTS

Have you had a severe blow to the head or jaw? Y N

Any whiplash neck injuries? Y N

How often do you take medicine for relief of pain?

a) Never

b) Weekly

c) Weekly to monthly

d) Daily

JAW JOINTS SYMPTOMS

Does your jaw feel tired after a big meal? Y N

Do you ever feel faint? Y N

Do you ever feel nauseated (sick)? Y N

Is there a family history of jaw joint (TMJ) problems? Y N

Have you ever been involved in any serious accidents, such as a car accidents? Y N

Do you feel or hear a "clicking" or "popping" noise from either jaw joint? Y N

EAR AND EYE SYMPTOMS

Do you have itchiness or stuffiness in either ear? Y N

Do you suffer from any loss of hearing? Y N

Do you get pain in, around or behind either eye? Y N

Has your jaw ever locked where you were unable to open or close? Y N

Have you ever had pain in either jaw joint? Y N

Are there times when your eyesight blurs? Y N

Do you have any pain in your ears? Do you hear ringing, buzzing or hissing sounds in either ear? Y N

BREATHING

Do you have allergies? Y N

Do you have sinus problems? Y N

Do you get headaches in right or left temple areas? Y N

Do you hear grating noises in ears? (like sand particles rubbing) Y N

Do you snore at night? Y N

Is your nose stuffed when you don't have a cold? Y N